



Year 1—Quarter 3: God the Holy Spirit

Gentleness

Hey kids! Imagine you're holding a tiny, cute baby chick. You'd be super careful, right? Because baby chicks are soft and delicate, just like babies. If you have a little brother or sister, you know we have to be extra gentle with them. We don't play rough because we don't want to hurt them. We use soft touches and kind words.

Now, let's play a guessing game! What special thing do you think we're learning about today? If you said **gentleness**, you're right! Being gentle isn't just for babies; it's for everything we do and say. It's like a superpower God gives us to be kind and caring in every way.

Story: A Fable

Aesop's Fable, "The Wind and the Sun" tells us: Once upon a time, the Wind and the Sun were arguing about who was stronger. They saw a man walking with a cozy coat and decided to have a challenge. The Wind said, "I bet I can make that man take off his coat!" So, he blew and blew with all his might. But the man just wrapped his coat tighter around him because it was so cold.

Then it was the Sun's turn. He didn't blow or fuss; he just shone gently and warmly. As the Sun got brighter and warmer, the man felt hot. He took off his cap, wiped his forehead, and finally took off

Remember, we don't become gentle by just trying really hard; we grow gentler by getting to know Jesus better. He's the gentlest friend we could ever have!

Sometimes people think being gentle means you're not strong, but that's not true. Being gentle is like a big, strong lion who decides to be friends with a little lamb. That's real strength! Can you think of times when Jesus was like that gentle lion? He showed us how to be strong and gentle at the same time.



his coat to enjoy the nice weather.

The story shows us that being gentle and kind, like the Sun, can be better than being rough and tough, like the Wind. It teaches us that sometimes, a warm smile can do more than a cold wind!

Power Point

We don't become gentle by just trying hard; we grow gentler by getting to know Jesus better

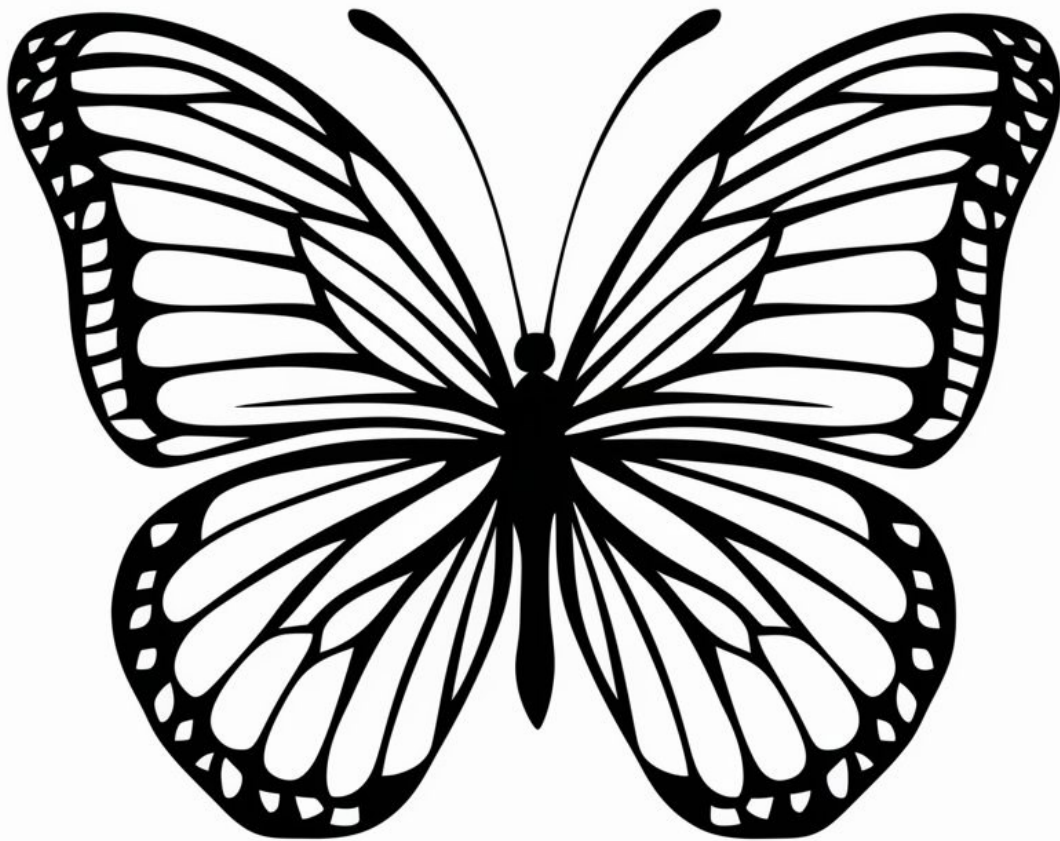
MEMORY VERSE

Proverbs 15:4, "A gentle tongue is a tree of life, but perverseness in it breaks the spirit." (ESV)

FRUIT OF THE SPIRIT COLORING PAGE

GENTLENESS

Butterflies teach us about gentleness and the beauty of change.



Take-Home

Summary

Bible Passages:

Phil. 4:5; Prov. 15:4;
Matt. 11:28-29; Gal. 6:1

Main Point:

We don't become gentle by just trying really hard; we grow gentler by getting to know Jesus better.

Discuss:

Q: What does it mean to be gentle?

Q: Why is important to be gentle with babies?

Q: How does Jesus model gentleness for us?

Q: How can we grow the fruit of gentleness in our hearts?

A Gospel-Centered Approach:

- God is all the fruit rolled into one amazing Being.
- Jesus is all of God's attributes displayed in a single human being.
- Kids will only be good when they fall in love with the good God Who loves them enough to die for them.

Explore the Bible

Read Matthew 5:39-41

Explain: We often think of gentleness as being weakness, but gentleness is actually best shown when someone very powerful keeps their power under control, like a lion choosing to love a lamb.

Ask: Can you think of some examples of Jesus showing gentleness in the Bible?

Family Activity

Have your kids draw a picture of a powerful person/ animal being super gentle with someone who is weak (for example, a wolf caring for a hamster). Then, have them write Philippians 4:5 at the bottom of the page.

Have your kids act out a skit two times. First time, show a situation they handle without gentleness. Second time,

Apply and Pray

Have a time of silence

Ask the following questions rhetorically: Is gentleness apart of who you are right now? Do your words show gentleness or are they harsh and mean? Do you show gentleness with your actions? Are you a protector, a listener, a comforter to your friends and your family? Let's ask God together to grow the fruit of gentleness in our hearts this week.

Pray together. During your prayer, thank God for His gentle way with us and for Christ, for it is only through Him that we can be changed and produce the Fruit of the Spirit.