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# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 1

## Bible Lesson: God's Word Our Salvation

God's Word is the best of all books because our salvation depends on it. Our verse for today, *John 20:31*, says, *"But these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name."*

The Bible is different. In the Old Testament there are 3,800 times where it says, *"The Lord spoke"* or *"Thus says the Lord"* or *"The Word of the Lord came"*.

The Bible is the best selling book of all time. People have

tried to burn the Bible and destroy it from being on the earth. God has helped the Bible to be preserved until this day. *"Scripture cannot be broken..." John 10:35.*

It is the Bible that tells us that our sin separates us from God. And it says, *"If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For it is believing in your heart that you are made right with God, and it is by confessing with your mouth that you are saved."* *Romans 10:9-10*

### Ice Breaker: "Sit Down If ..."

This is one of those ice breakers that works for any size crowd and does not require breaking up into teams.

**Tell your class:** Sit down if...  
You have ever eaten snails.  
You are cross-eyed.  
Your mother still dresses you.  
You use whitening toothpaste.

You have never lied to your mother.  
You have a hole in your sock.  
You have a false tooth.  
You are really good looking.  
You have skipped a grade in school.  
*(Make up as many as you need.)*

### QUIZ QUESTIONS

**Q:** Which is the best of all books?

**A:** The Bible

**Q:** What is the Bible?

**A:** God's Word — His message to people. (1 Thess. 2:13)



#### Small Group Talk

Say, "Imagine what it would be like without the Bible."

Discuss how the Bible is important to our every day walk with Christ.

Encourage the kids to make a commitment to read their Bibles daily.

### MEMORY VERSE:

"But these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name."

John 20:31

**God's Word is the best of all books because our salvation depends on it.**



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 2

## Bible Lesson: The Bible is Different Because of the Way it Was Written

God's Word is the best of all books because of the way it was written. The Bible says in 2 Timothy 3:16, *"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."* This tells us that God is the real author of the Bible.

There were about 40 different human writers of the Bible. We read in 2 Peter 1:21, *"For prophecy never came by the will of man, but holy men of God spoke as they were moved by the Holy Spirit."*

Jesus also talked about Scripture. In Matthew 22:29 Jesus

said, *"You are mistaken, not knowing the Scriptures nor the power of God."* He Himself knew the Scriptures, quoted them often, and fulfilled them all.

Jesus grew three ways it says in Luke 2:52, *"And Jesus increased in wisdom and stature, and in favor with God and men."* God expects all of His children to grow in these same three ways. Two of these, wisdom and favor, depend on knowing God's Word. Jesus quoted this Scripture to Satan: *"It is written, 'Man shall not live by bread alone, but by every word of God.'"*

## Game: Telephone Call

Play game of "Telephone Call" with the children to illustrate why God had to have inspired the Bible.

The children form a line and the leader whispers a message into the first child's ear. That child then whispers and passes the message to the next person. This is repeated until the message reaches the last person.

Have that person say it out loud. It will be totally changed from what the leader said.

Unlike in our game, God's inspired Word is not changed. The message of the Bible is the same throughout and has not changed over the thousands of years it has been in existence.

### QUIZ QUESTIONS

**Q:** Who wrote the Bible?

**A:** God is the author but it was written by holy men of God as they were inspired by the Holy Spirit (2 Peter 1:21)

**Q:** How many different writers helped to write the Bible?

**A:** About 40 different writers.



### Small Group

#### Talk

Discuss why God chose to write the Bible the way He did. Could He have just written it down Himself? What does this say about God's desire to have a relationship with His people?

### MEMORY VERSE:

**"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."**

**2 Timothy 3:16**

**God's Word is the best of all books because of the way it was written.**



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 3

## Bible Lesson: The Bible is Different Because it is Absolutely True

**God's Word is the best of all books because it is absolutely true.** No other book in the world is so absolutely perfect as the Bible because God is the true author of the Bible and God cannot lie. Titus 1:2 says, *"In hope of eternal life which God, who cannot lie, promised before time began."*

Since God's Word is true, we can put our faith in it. However, we will need to read the Bible constantly and read all of the Bible in order to have a balanced faith. Even people who "know" all about the truth can fall into sin if they have not al-

lowed the truth to take root in their lives.

### Commitment Cards

That is why we are asking everyone in 4X4 to take home a commitment card. On this card is a promise to read the Bible every day. We are asking you to sign it and to have your parents sign it.

Bring the cards back to class and we will keep them in a file for you. We will be asking you each week how your Bible reading is going. This will help you to keep your promise.

## Game: Who's Telling the Truth?

Play game of "Who's Telling the Truth" with the children.

Ahead of time pick four children to tell a story about something that happened to them or something that they did. Have only one tell a true story. Have the others make up a story. Then, have the rest of the children guess which of the storytellers was

telling the truth.

You may want to tell your own story about a time when something happened that was hard to believe.

You can't always believe everything you hear, but you CAN believe God's word. **God's Word is the best of all books because it is absolutely true.**

### QUIZ QUESTIONS

**Q:** How many parts does the Bible have and what are they called?

**A:** It has two parts — the Old Testament and the New Testament

**Q:** Is the Bible a true book?

**A:** Yes, the Bible is a true book. (John 17:17)



### Small Group Talk

Discuss things to look for when reading the Bible

1. A promise to believe (Jn. 1:12)
2. A command to obey (Jn. 3:7)
3. A warning to receive (Jn. 3:18)
4. Something about God's way. (Jn. 1:17)

### MEMORY VERSE:

**"Sanctify them by Your truth. Your word is truth."**

**John 17:17**

**God's Word is the best of all books because it is absolutely true.**



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 4

## Bible Lesson: God's Message to People

The Holy Bible, God's Word, is the best of all books because **it is God's message to people**; you and me and everyone we know. God has chosen to make His message known in His written Word.

The one main teaching of the Bible is that Jesus Christ is our Savior. As a Christian I want to follow Jesus Christ: do what He says and go where He leads.

Jesus intended for us to have a book with His teachings. One of His top priorities was to choose and train His apostles

who were to preserve and pass on His teaching. Jesus sent the Holy Spirit to "guide them into all truth." (Jn. 16:13)

### Communion

Consider serving communion to your class. Read to them 1 Cor. 11:23-26 and then explain each of the elements as you serve them. In verse 25 Jesus says, "New Testament in my blood." Another word for "testament" is "a will" or "an agreement" between two people who promise to do something for each other.

## Object Lesson: The "Phony Contract"

Before class, duplicate enough "contracts" for everyone. Give everyone a copy of this "official looking" contract. Allow them only a minute to look it over and then ask them to sign it.

Near the bottom of the page are several "small print" items that they

have agreed to do. Read them. Laugh together.

Explain how important it is to make sure you read the "fine print" on a contract. In order to fully understand God's message to us, we must be in His word and make sure we read all the Bible has to say

### QUIZ QUESTIONS

Q: What is the Bible?

A: God's message to people (1 Thess. 2:13)

Q: What does the word "testament" mean?

A: A "will" or agreement between two people (contract)

Q: What is the one main teaching of the Bible?

A: That Jesus Christ is Savior.



### Small Group Talk

Discuss how God speaks to us through His word. What is His message to people? Share a time when God spoke to you through His word

### MEMORY VERSE:

*"...it really is God's message. And that message works in you who believe."*

1 Thessalonians 2:13  
(icb)

The Bible is  
God's message  
to people

# AGREEMENT

A Binding Contract

## To All Whom This Document Comes

All treats, prizes, and games used at "4 X 4" (A discipleship program for children) will be mine. I will use all benefits I gain from this program to further the kingdom of God.

I also agree to share with others, be a good sport if I should lose at foosball. Furthermore, I will pick up all waste paper off the floor. I will clean out the men's and women's restrooms each week. This will include swabbing out the toilets, cleaning the mirrors, taking out the garbage, as well as sweeping and mopping the floors. I will come and clean out the garages of all my teachers and mow their lawns (even in the winter). For these duties I will gladly pay \$5 per week.

I will obey my parents.

In response to the above agreement, I have read it and

X

Signature

Date

Witness Signature

Date





# A Discipleship Program For 1st -- 4th Graders

YEAR 2 LESSON 5

## Bible Lesson: The Bible Tells Us What God Wants Us to Do.

The Ten Commandments, found in Exodus 20:1-17 are laws. That means they are absolute guidelines for daily living that God gave His people through Moses.

- Commandments 1-4 deal with our relationship to God.
- Commandments 5-10 deal with our relationship to other people.

In the Ten Commandments God is revealed as a holy God who demands total loyalty, respect, and worship. He will not tolerate unfaithfulness.

On our own we cannot fulfill the

requirements of the law. Our only hope is to receive the righteousness of God by faith in Christ Jesus.

Jesus upheld the values represented in the law by declaring, "Do not think I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill." (Matt. 5:17)

*(Help the children to memorize the Ten Commandments. Use hand motions to make it easier for them. Explain in simple terms what each commandment, such as adultery, means.)*

## Ten Commandments—With Motions

Teach the children the Ten Commandments in a way that will help them to carry them with them wherever they go!

Use the attached pages to help you know how to use hand signs to put all ten of the commandments liter-

ally on the ten fingers of each child's hands.

Next, have the children all turn in their Bibles to Exodus 20 and have them find each of the ten commandments themselves.

### QUIZ QUESTIONS

Q. How long will the Bible stand?

A. Forever (Isaiah 40:8)

### MEMORY VERSE:

Exodus 20:2-17  
(The Ten Commandments)

1. You shall have no other gods but the one true God.
2. You shall not make an idol or worship one.
3. You shall not misuse the name of the Lord God.
4. Do all your work in six days and keep one day for the Lord.
5. Honor your father and mother.
6. You shall not murder
7. You shall not commit adultery.
8. You shall not steal
9. You shall not give a false testimony.
10. You shall not want what belongs to someone else.



**God's Rules Rule  
Because God  
Rules.**

# Ten Commandments with Hand Motions

Teach the Commandments so They Will Never be Forgotten!

1

*Work with one hand. (Hold up index finger.)* **You shall have no other gods but one true God.** God lives in heaven (you are pointing up). He made the universe and rules over it. Some people try to make their own gods but there is only one true and living God.



2

*(Hold up index finger and middle finger.)* **You shall not make an idol or worship one.** What is an idol? Anything that is more important to you than the one true God. It is something or someone you put above God in your life. (Flex middle finger so that it is lower than the index finger.) Nothing is more important than the true God who made us and loves us.



3

*(Hold up three middle fingers against lips.)* **You shall not misuse the name of the Lord God.** God is so great that we must only say His name with great respect. We should not use it without thinking about Him or talking to Him.



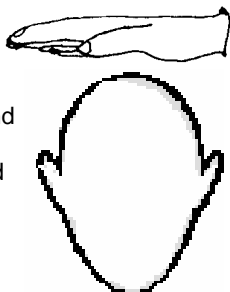
4

*(Four fingers pointing up and thumb across palm.)* **Do all your work in six days and keep one day for the Lord.** God gave us a wonderful hand. The thumb is very important in doing our work. But God has given us one day to worship Him and rest from our work. He knows we need a day of rest — for our bodies and our souls.



5

*(Place open hand above head.)* **Honor your father and mother.** God has placed your mother and father over you. He has appointed them to care for you and He wants you to honor them with your love and respect. *(Hold up five fingers.)* You can say each word of this command on your five fingers. If you honor your parents things will go well for you and you will have a long life.



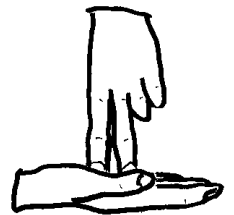
6

*Work with both hands. (Hold up one finger of second hand.)* God made each one of us. He gave each of us power. *(Grab finger with first hand.)* Sometimes a person is tempted to hurt someone else, maybe even kill him. *(Release finger, holding up six fingers.)* God says, **You shall not murder.** This means not to kill someone on purpose or even hate someone.



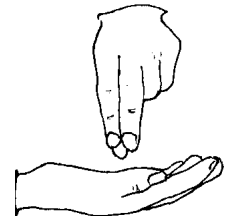
7

*(Hold out first hand with palm up, stand first two fingers of second hand on palm.)* God has a wonderful plan for a husband and wife. They are to belong to each other and no one else. If a man treats more then one woman like a wife or a woman treats more than one man like a husband, God calls that adultery. God says, **You shall not commit adultery.**



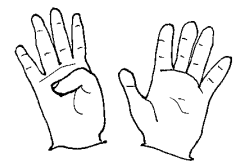
8

*(Cup first hand and with thumb and first two fingers of second hand, pretend to snatch something out of it.)* God knows if we take something that does not belong to us. What do we call that? (Stealing.) The eighth commandment is, **You shall not steal.**



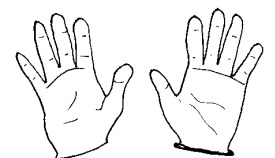
9

*(Hold up nine fingers.)* **You shall not give false testimony.** *(Close hands. Open four fingers on one hand and five on the other as you give the illustration.)* Suppose you were having a treat at school and the teacher said, "Each of you may take four pieces of candy." But someone wants to get Jeff into trouble and he yells, "Jeff took five pieces," even though he didn't. God calls that "giving a false testimony." Another way to say this commandment is, **You shall not lie.** Lying hurts us and others, but most of all it hurts God.



10

*(Open and shut both hands as if you are grabbing something.)* Some people like to grab everything for themselves. "Coveting" is wanting things that belong to others *(Hold up ten fingers.)* God says, **You shall not want what belongs to someone else.** God will provide all you need.







# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 6

## Bible Lesson: The Books of the Bible

Today we will learn to find our way around in the Bible. There are sixty-six books within the Bible, with 39 books in the Old Testament and 27 in the New Testament. (An easy way to remember these numbers is that  $3 \times 9 = 27$  and 3 next to 9 is 39).

There are **four main divisions** of the Old Testament:

- I. Books of Moses (five books)
- II. Books of History (twelve)
- III. Books of Poetry (five)
- IV. Prophetic Books (seventeen)  
Major Prophets (five)  
Minor Prophets (twelve)

## Blindfold Treasure Hunt

To teach the children how important it is to know their way around in the Bible, play a simple game of hide-and-go-seek. The twist is that one child is blindfolded and the leader gives directions (ie, "hot" or "cold") to treasures hidden around the room.

The New Testament has five main divisions:

- I. Life of Jesus (four)
- II. Book of History (one)
- III. Paul's Letters (thirteen)
- IV. General Letters (eight)
- V. Book of Prophecy (one)

The main teaching of the Bible is that Jesus Christ is our Savior. In the New Testament we read eye-witness accounts of those who knew Him. There we discover that Jesus claimed to be the revelation of God Himself, the One who shows us what God is like. Jesus is the fulfillment of the Old Testament and the focus of the New.

Let several children find treasures and then explain how we can find treasures in God's Word. To now know the books of the Bible is like going on a treasure hunt blindfolded. (Show a Bible with chain & lock around it.) Say, "Let's unlock our Bibles today."

### QUIZ QUESTIONS

**Q:** Name all the books of the Bible.

**A:** Memorize the list in the front of your Bible.

**Q:** How many books are in the Bible?

**A:** 66

**Q:** How many books in the Old Testament?

**A:** 39

**Q:** How many books in the New Testament?

**A:** 27

### MEMORY VERSE:

This week we are memorizing all of the books of the Bible. You can find them listed in the index of your Bible.

Also, bookmarks will be given in class with a list of these books on it.



**You Should Know  
Your Way in  
God's Word**



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 7

## Bible Lesson: The Bible is Holy Because God is the Author

### HOLY BIBLE

The Bible is called “holy” because God is the author. He did not do the writing, but put the words and the thoughts in the minds of men who wrote it. God inspired (guided, gave and showed) these men to write what they did. It is what we read in our Bibles today. The Bible is full of holy words. The men could do nothing without God’s help and direction.

### GOD’S OLD TESTAMENT PROMISE

God made a promise in both the Old and New Testament. In

the Old Testament, God promised that if the people who lived in Israel would obey His commandments and keep His laws, they would be His special people. He promised to keep them in the land that he had given them.

### GOD’S NEW TESTAMENT PROMISE

In the New Testament, God promised that if we, you and me, would love and trust Him, He would make us His disciples. The Bible is not out of date. It’s message is for people today.

## Game: “Guess the Author”

Divide the audience up into small groups first. To play this game, each person writes down their favorite in each of four categories: cartoon, desert, song, and band. Take one category at a time. Have a leader read each entry for that

category and have each person in the small group guess who is the “author” of each entry. The person who receives the fewest correct guesses wins that round because they have “stumped” the group.

### QUIZ QUESTIONS

**Q:** Why is the Bible called holy?

**A:** Because God is the author and He is holy.

**Q:** Since the Bible is old, is it becoming out of date?

**A.** No, the Bible is for people today.

### MEMORY VERSE:

Isaiah 40:8 “The grass withers, the flower fades, but the word of our God stands forever.”



God is the  
author of the  
Bible



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 8

## Bible Lesson: God's Word is My Food for a New Life

### Ezekiel's Vision

(Tell the children about the vision of Ezekiel and the dry bones in Ezek. 37:1-14). Explain: The word of God had made dry bones live! This was just a vision, but God wanted to teach Ezekiel and us that His word is powerful enough to do anything—even make the dead live again! God's word is powerful and it gives life.

### Jairus' Daughter

Tell the story of Jairus' daughter being raised from the dead by Jesus (Mark chapter 5). Explain: The little girl got up and walked because Jesus is

God's Son and His words are the words of God. God can do anything—He can even make dead people live again! He can make you live too.

### Bread, Honey, & Milk

Bread: Bread is the one food a person could live on. It has most of the minerals and vitamins our bodies need. God's word can do the same thing for the "real you" inside—called your soul.

Honey: Read Psalm 119:103 and discuss it with the children.

Milk: Milk is probably the most important food there is. Read 1 Peter 2:2 and discuss it with the kids.

## Game: Happy Meal Relay

Divide the audience into five teams (four or five in a team). This is a relay race with each person running up to a table, eating one of the items in the happy meal, and then running back and tagging the next person in line on their team.

One person eats the burger. One eats the fries, one the drink, and finally, one opens the toy. The first team to do all this and come back across the finish line wins.

### QUIZ QUESTIONS

**Q:** Why should we study the Bible?

**A:** Because reading and studying the Bible will help us to grow, help us to have answers about God and His Son, Jesus, and will tell us the way we should live.

### OBJECT LESSON:

For an object lesson, consider having small pieces of bread for each child, some honey to taste, and some milk for them to drink while you teach the lesson.

### MEMORY VERSE:

Matthew 4:4 "Man shall not live by bread alone, but by every word that proceeds from the mouth of God."



God's Word is  
my food for a  
new life.



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 9

## Bible Lesson: God's Word is My History

### Man's Idea of History

Mention a few make-believe stories of how people explain where people came from. Then say: Other people and religions have many different ways of telling our history, but no one can really say what took place unless he was there when it happened. Was there anybody there when the world and people were first made? Yes. God!

### God's Record of My History

This is what God says in "My History." In the beginning there was nothing except God. He has always existed. Nobody made Him. Then God spoke—that was all He needed to do. Just as He

is able to make dead people live by His Word, as we learned in our last lesson, so He was able to make light, water, sky, land, trees, stars, planets, and animals, by saying, "Let them be!

### The First Man and Woman

God made the first man from the dust and called him Adam. He formed the first woman from Adam's rib.

### God's Image

We were created by God Himself. Genesis 1:27 says, "... God created man in his own image ... male and female created he them."

## Puppet Show: Atheist or Christmas

Have a puppet show where one of the puppets enters and is introduced as an atheist. He can explain that an atheist is one who believes there is no God. Have a teacher or another puppet ask him how he knows for sure there is no God. He will say: "Because I am God." Then, ask him the question: Could God exist outside your realm of knowledge? Have the

puppet say, "Why, of course not! I know everything! I'm no dummy." Be polite to him and thank him for coming. Then say good-bye.

Discuss with your class what was said.

*(An alternate Christmas puppet show is included as a supplement to this lesson.)*

### QUIZ QUESTIONS

**Q:** For whom was the Bible written?

**A:** For everyone in the world.

**Q:** How did God create the world?

**A:** He spoke

**Q:** What did God make Adam from?

**A:** dust

**Q:** What did God make Eve from?

**A:** Adam's rib

### MEMORY VERSE:

**Genesis 1:27,**  
"...God created man in his own image ... male and female created he them."



**God's Word says we were created by God Himself.**



## Leroy's "Christmas" Story

By Dustin Brown

**Leader:** Hello boys and girls. Today, we're going to have a very special guest come and talk to us about—*(Leroy begins singing Christmas songs off-stage, interrupting the leader)* Well, here he is now!

**Leroy:** *(Appears, still singing Christmas song, then realizes everyone's looking at him and stops)* YIKES! Now why d'y'all have to go and sneak up on a fellow like that. I tell you what, back in my day—

**Leader:** *(Cutting off Leroy)* Well, hello Leroy, and thank you for joining us today at Crosstraining

**Leroy:** *(Stammering at first)* Oh, well, um, thanks for having me. I'm glad to be here. *(Whispers to the leader)* You didn't tell me there'd be so many people here.

**Leader:** Well they're all excited to hear what you have to say. Today, we're talking about how God's word is our history. And since Christmas is coming up, we were hoping you'd tell us the Christmas story.

**Leroy:** *(Excited at the mention of Christmas)* Christmas! I love Christmas. All the Christmas trees and Christmas cards and Christmas songs—and don't forget the Christmas presents! *(Starts singing again)*

**Leader:** Um, Leroy? Uncle Saaaaam. *(Shouts)* LEROY!

**Leroy:** YIKES! Now why d'ya have to go and sneak up on a fellow like that. I tell you what, back in my day—

**Leader:** *(Interrupts)* Leroy, the kids are waiting for you to tell them the history of Christmas.

**Leroy:** Of course, of course, my mistake. Now let's see. *(As Leroy tells the story, the leader begins to roll their eyes at his ridiculous ramblings)* It all started a long long time ago. There was a boy by the name of St. Nicolas, and his daddy owned a workshop. One night, one *silent* night, these two Virginians came by and said, 'we need a place to stay, there's gonna be a baby!'

**Leader:** *(Tries to interrupt)* Um, Uncle—

**Leroy:** *(Ignores leader)* Well, there weren't no

room *in* the house, but St. Nick's daddy said they could stay in the workshop. That night, the stork brought the baby. But it wasn't just one baby, it was about a million little baby elves! And they all started fixin' stuff in the workshop. And then these three wise guys —Goldy, Frank, and Merve—show up—

**Leader:** *(More boldly)* Leroy, I don't think—

**Leroy:** *(Still ignoring leader)* and they came riding in on this red-nosed reindeer. It was the darndest thing St. Nick 'ad ever seen. And then—

**Leader:** *(Yells)* LEROY!!!

**Leroy:** YIKES! Now why d'ya have to go and sneak up on a fellow like that. I tell you what, back in my day—

**Leader:** Leroy, I think you have your story mixed up. I thought you were going to tell us the *real* story of Christmas. You know, about baby Jesus, and the shepherds and angels and all that.

**Leroy:** *(Ashamed)* I know, you're right. To tell the truth, I don't really know the real Christmas story. When you asked me to come speak, I was so excited I just said yes and thought I'd figure it out as I went. I'm awfully sorry. Do you think you could forgive me?

**Leader:** Of course Leroy. Hey, why don't you go home and read Luke chapter 2 and maybe you could come back again some time.

**Leroy:** I'd sure like that! I guess I better get going. I sure appreciate you having me. You kids have a great night, and I'll see you later. Bye-bye!

**Leader:** Bye Leroy, and thanks for coming. *(To the audience)* Things can sure get mixed up when you don't know the truth. There are a lot of silly legends out there about Christmas, but thanks to God's Word, we know the truth! The Bible is our history, and it tells us everything from how the world was made, to how it's going to end. If you'd like to know more about the *true* Christmas story, read Luke chapter 2 before you go to bed tonight.



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 10

## Bible Lesson: God's Word is My Delight

### Mary & Martha

Will you decide today to delight in God's Word? Let's look at a story in the Bible that will help you decide. It's in the third book of the New Testament. Look for Matthew, then mark, then Luke. Now look for chapter 10 and verse 38.

Martha was so excited. Jesus was visiting. What an honor to have Him in her home! She worked hard to prepare for His coming and then, she worked hard to serve Him after He came.

She grumbled, "Where is my sister, Mary? Why isn't she helping me?" Jesus was help-

ing Mary understand why He had come to earth to be the Savior of the world.

Martha nearly exploded, "Lord, don't you care that Mary has left me to do all the work by myself? Tell her to help me!"

Jesus, I think, looked at her kindly, then gently said, (*read His words in Luke 10:41 & 42*).

What do you think Jesus wanted Martha to do? (*Let the children answer. You may suggest: Stop rushing about and sit and listen.*)

(*See the supplement for this lesson for additional teaching ideas.*)

## Game: Four Corners

This is a game to play "just-for-fun". Have large numbers: 1, 2, 3, & 4 printed on pieces of paper. Place each number in a different corner of the room. Play some lively music and have the kids choose a corner to stand in. Have one child hide her eyes and when

the music stops let her pick a corner number. Everyone in that corner is "out". (note: a variation of the game is to have everyone be "out" except the corner chosen.)

### QUIZ QUESTIONS

**Q:** What does it mean for you to delight in God's Word?

**A:** To enjoy it.

**Q:** What will you miss if you do not take time to delight in God's Word?

**A:** The wonderful things God wants to tell you about Himself, the world and yourself.

**Q:** Which is the largest book in the Bible?

**A:** Psalms.

### MEMORY VERSE:

Psalm 1:1,2, "Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful;

But his delight is in the law of the Lord, and in His law he meditates day and night."



**My delight is in  
the law of the  
Lord.**

# Bible Bites



Use with Lesson #10 on Delighting in God's Word

**Object: a brick**

Talk about a plumb line that bricklayers use to keep their brick walls straight. Ask: Have you been letting God's Word be the plumb line for the building of your life-house? Psalm 119: 128 says, "Every law of God is right, whatever it concerns. I hate every other way."

What do they do with the bricks that aren't straight? They knock them out and start over. We must let God remove the sin from our lives and building them His way.

**Object: an echo**

Talk about how a person's voice will echo back to them in a tunnel or cave. Then, explain how our lives should "echo" the Word of God. We must not let His Word just drift off into space, like our words do in an open field.

**Object: a baseball**

Tell about the boy who hit a homerun, but almost didn't make it. When he got to third base the coach motioned him to keep going, but he slowed down and looked around for the ball. He almost got put out because of that. We must learn to trust our coach, the Lord Jesus. Other things can distract us and keep us from hearing His voice.

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# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 11

## Bible Lesson: God's Word is My Sword in Times of Temptation

### The Temptation of Jesus

The Devil tempted Jesus to turn stones into bread, to jump off the Temple, and to worship him. Jesus beat all of Satan's challenges in His life. God wants us to use the word of God to win against the Devil.

Three times Jesus said to the Devil, "It is written" (Read VV. 4, 7, 10). The key to beating Satan is to stand strong in the Word of God to defeat him.

*(Interesting note: Jesus won over the same temptations that the nation of Israel faced in the wilderness. They forced a test upon God in their time of need, but Jesus faced each*

*challenge with a quote from God's Word.)*

Each time, Jesus spoke God's word to resist when Satan tried to make Him disobey. God wants us to stand in His Word and to speak it with power when we are tempted. It is the Word of God that provides the winning blow to the Devil when he tries to make us sin.

*(Further reading: Mt. 5:17-18; John 10:35; Mark 7:1-13)*

## Drama: Breaking the Chains

Have a short skit where two or three are dressed in dark clothing and represent the Devil's angels. They are lifting a net up around a girl who has recently become a Christian. She has been taught to quote the Bible in times of temptation, but she forgets to do it at first.

Have a huddle of Christians pray for

her. Let the demons be shaken by the prayer. Then, let the girl remember to quote the Bible. She says, "I resist the devil." She goes on, "The Bible says if I resist the Devil he will flee away. Flee away Satan!" The demons drop the net and fall, then run away.

### QUIZ QUESTIONS

**Q:** Why should we study the Bible?

**A:** Because reading and studying the Bible will help us to grow, help us to have answers about God and His Son, Jesus, and will tell us the way we should live.

### MEMORY VERSE:

Luke 24:44, "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the law of Moses, the Prophets, and the Psalms."



**Quoting Scripture helps us win against the Devil.**





# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 12

## Bible Lesson: Meditate on God's Word

### Your Christian Walk

Since the Bible is really the Word of the living God, then it only makes sense to learn as much about it as you can. A daily habit of reading, thinking about and memorizing God's Word will strengthen you in your Christian walk.

What would you consider to be the greatest treasure in the whole world?

- The jeweled crowns that belong to the queen of England?
  - An old pirate's chest full of gold coins and jewels?
  - A diamond mine?
- Think about all the "earthly

treasures in your own house and your own bedroom. What is the most important thing to you?

A famous king of Bible times, King David, wrote in Psalm 119:72, "The law from your mouth is more precious to me than thousands of pieces of silver and gold."

Once a Mother didn't know if the glasses in the dishwasher were clean or dirty, so she held them up to the light to see if there were any spots on them. If we aren't sure whether something we want to do is right or wrong we should hold it up to the light of God's Word.

## Game: M&M Candy Trivia

Create game cards from the supplement page.

Divide your group into teams and give each team a set of cards to study. (*Two minute time limit.*)

Now quiz each group giving points for right answers. (*You could even give out packs of*

*M&M candies for prizes.*)

Have fun with the game and then apply to the lesson by saying: We have demonstrated that you have good memories. If you can learn facts about candy, you can also learn God's word.

### QUIZ QUESTIONS

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**How About You?**  
Is God the boss of your thoughts?

### MEMORY VERSE:

**Luke 6:45:**  
"The mouth speaks of what the heart is full of."



**Think about God's Word because we become what we think.**

# M&M Trivia Cards

## The Beginning

Legend has it that, while on a trip to Spain, Forrest Mars Sr. encountered soldiers who were eating pellets of chocolate encased in a hard sugary coating. This prevented it from melting.

Inspired by this idea, Mr. Mars went back to his kitchen and invented the recipe for M&M'S® Plain Chocolate Candies.

## Colors Added

In 1960, M&M'S® Peanut Chocolate Candies added three new colors—red, green and yellow—to the original brown color.

In 1972, the M&M'S® Brand Characters first appeared on packaging, and became increasingly known through print and TV advertising, reinforcing Brand awareness. In 1976, orange was added to the M&M'S® Peanut Chocolate Candies color mix.

## Red Brought Back

1987 was a very important year in the history of M&M'S® Brand, as red was returned to the traditional color mix—due to overwhelming request from consumers.

The candies were originally made in six colors: red, orange, yellow, green, brown, and violet. (Peanut candies were made in the same colors, except violet.) In 1949, Violet was taken out of the mix and was replaced by tan. Red was eliminated in 1976 because of health concerns about the red dye amaranth (Red #2), a suspected carcinogen.

## Famous Slogan

When America entered the 1950s, M&M'S® Plain Chocolate Candies were quickly becoming a household word, particularly with the growth of television.

In 1954, M&M'S® Peanut Chocolate Candies were introduced to the Brand's portfolio, and sales of both varieties continued to grow.

That same year, the universally loved M&M'S® Brand Characters and the famous slogan, "The milk chocolate melts in your mouth—not in your hand"®, debuted in the initial TV advertising.

## M&Ms in Space

In June 2004, M&M's gained unexpected fame as Mike Melvill, the pilot of SpaceShipOne the world's first manned private suborbital space flight, opened up a package of the chocolate brand when he reached the border of space (100km) in order to demonstrate weightlessness as the candy floated in the cabin. Melvill chose the candies because they were both colorful, therefore showing up well on camera, and because once gravity was restored if they fell into any of the controls they could be easily crushed and not interfere with the mechanisms.

## M&Ms for a New Millennium

The memorable moment of 1997 was the debut of Green, the first female M&M'S® Brand Character. This multifaceted '90s woman and author has starred in a number of popular M&M'S® Brand commercials. She toured the U.S. promoting her autobiography, "I Melt for No One", and quickly achieved the celebrity status of her male colleagues—Red, Yellow and Blue.



# A Discipleship Program For 1st -- 4th Graders

YEAR 2, LESSON 13

## Bible Lesson: Memorizing God's Word

### Store God's Word

Have a picture of a squirrel gathering up acorns. Ask the class: "What do you think this squirrel is up to?" Let the children answer and then discuss how they store up food for the winter. Explain how squirrels begin early because when the storms hit and they can no longer find food, the stored food will help them to survive.

In the same way, all of us will face storms in our lives too. We won't know what to do unless we have these Bible verses that we are storing up now.

### Game: Concentration

Form three circles with your audience. Have them play the concentration game. (This also makes a great get-acquainted game.)

Here is how it is played: the first person says, "Hi, my name is \_\_\_\_\_ and my favorite

Even our Lord Jesus used His knowledge of Scripture when He faced temptations and trials. That helped protect Him and helped Him obey His Heavenly Father. If Jesus needed to memorize Scriptures, we surely do too.

Do you understand why memorizing Scripture is important? What if you were in trouble and didn't know what to do? Or suppose you were in a place where no Bibles were available? Would you be able to remember what the Bible says? Verses you learn now will help you in the future.

food is \_\_\_\_\_.  
The next person in the circle has to repeat the first person's name and favorite food, and then state their own name and favorite food. The challenge is for the people further down the line to be able to remember all the names and foods.

### QUIZ QUESTIONS

**Q:** Why should we memorize God's Word?

**A:** Because memorizing God's Word is one of the ways we keep sin out of our lives. (Ps. 119:11)

### How About You?

How much of God's Word can you quote from memory?

### MEMORY VERSE:

**Psalm 119:11:**  
"I have hidden your word in my heart that I might not sin against you."



**We should  
memorize  
God's Word.**