



Quarter 3 — Lesson 29



Heart of Worship

Introduction

Say: Jesus said, “True worshipers must worship God in spirit and in truth.” (*Jn. 4:23*) He meant that we should use both our hearts and our minds. Imagine you are singing a song to God. You should feel love and joy in your heart (*spirit*) and also understand the words you are singing (*truth*).”

Ask: Can you think of ways we can worship like Jesus said?

(Allow responses)

Activity Ideas

- **Sing** a simple worship song and then discuss what the words mean and how it makes them feel.
- **Create** a “truth journal” where kids can write or draw their honest thoughts and prayers to God.
- **Draw pictures** of different places where they can worship God and share why they chose those places.
- **Dance:** Do a “worship dance” where kids can

As you listen to your student’s ideas, be prepared to add:

- Be honest with God
- Worship any time any place
- Use movement (dance)
- When reading the Bible
- When we pray, pray with meaning.

express their love for God through movement and dance.

- **Read a Bible story** together and talk about what it teaches us about God. Then, have the kids draw a picture or write a short paragraph about what they learned.
- **Pray:** Teach the children a simple prayer and then have them practice saying it slowly, thinking about each word and what it means.

Power Point

True worshipers must worship God in spirit and in truth.

MEMORY VERSE

“Let everything that has breath praise the Lord.”
- Psalm 150:6



Year 3—Quarter 3: Worship



Small Group Discussion

Say: Imagine you are part of a worship team in a church. You have a choice to play an instrument or sing. How would you prepare your heart to worship God with music? (*Allow students to respond*)

Expand on their ideas with some of the following ideas.

- **Prayer:** Take a moment to pray and ask God to help you focus on Him and not just play the instrument or sing the song.

- **Bible Study:** Read Colossians 3:16 together and discuss how it applies to our worship.
- **Repentance:** Think about times when you might have used music or instruments for selfish reasons (e.g., to impress others). Ask God to forgive you and help you use your talents for Him.
- **Submission:** Recognize that God cares most about our motives when we worship. Make a conscious decision to submit

Sincere Hearts

Tell the kids: God cares most about why we worship Him.

Read: Isaiah 29:13.

Ask: “How can we get our hearts ready to worship the right way? (prayer, reading the Bible, saying sorry for our mistakes, etc.) What are some things we do that don’t mean much if our hearts aren’t really loving God? (helping others, giving money, singing, etc.)”

Next, read: Hebrews 12:28-29.

Explain: These verses tell us we should respect and be amazed by God when we worship Him because He is the ultimate boss. Also, because God is so holy, we should worship Him with re-

spect and awe.

Read: Revelation 15:4.

Say: “Because we know how powerful and holy God is, worship should be about showing Him respect and praising Him.”

Read: 2 Chronicles 29:27-28.

Ask: “How did the Hebrew people worship in these verses (singing, playing instruments, bowing to the Lord)?”

Explain: Isn’t it great that we still worship in the same ways?!”

Then read: John 4:24 to help students understand that the Holy Spirit equips us to worship.

Go on to explain that physical actions, however, mean nothing if our hearts aren’t sincere and reverent before God.



Take-Home

Year 3, Lesson 29 — Heart of Worship

Summary

Bible Passage:

Heb. 12:28-29; Rev. 15:4; Jn. 4:23

Main Point:

The Lord wants us to have sincere hearts and pure motives when we worship.

Discuss:

Q: What does it mean to worship God with our heart and our mind?

Q: Why is it important to be honest with God when we worship?

Q: Can you name some places where you can worship God?

Q: How does learning about God from the Bible help us worship Him better?

Explore the Bible

Read: *Hebrews 12:28-29*. Point out that these verses say we should have “reverence and awe” when we worship God because of his ultimate authority. Also, because of God’s holiness, we should worship him with fear. Read *Revelation 15:4*. Say, “Because we understand God’s authority and holiness, worship must be an act of submission and praise.”

Worship Journal

Provide your child with a journal with blank pages. Explain to them that your family will be writing (or drawing) in their “Worship Journal” after each lesson.

- What does this lesson teach me about worshipping God?
- How has the Holy Spirit been helping me this week?
- Are there any commands in the Bible passages we read for me to obey? How are they for God’s glory and my good?
- Are there any promises in these passages to remember? How do they help me trust and love God?
- How have I experienced worshipping God this week?

Apply and Pray

Explain that physical actions during worship mean nothing without internal submission to God.

Pray: “Dear God, please give us conviction when we do not worship you the right way, and help us to surrender our desires and actions to your will. Amen.”