



Lesson 1

Armor of God



Year 3—Quarter 1: The Armor of God

Ephesians 6:10-20

How to Win Against Sin

God Helps Us Win



Hey there, kids! How many of you have heard of movies like **The Incredibles** or **Kung Fu Panda**? You know how there are always good guys and bad

guys in those movies? The good guys are heroes, and the bad guys are the ones causing trouble.

In real life, we have a hero too, and that's **God**! But there's also a bad guy, and his name is **Satan**. Satan is like the villain in the movies who doesn't like the hero and tries to mess things up. God and Satan are in a big battle, and guess what? They're fighting over us!

Satan wants us to be on his side and do bad things, which are called sins. But God loves us so much, He wants us to stay with Him and do good things. If we choose to be on God's team, we're saying "no" to sin and "yes" to being awesome!

Introduction Game: Swordplay

This game is great for helping your class learn everyone's name.

Have students sit in a circle with one person in the middle with half of a pool noodle. One person starts by saying their name and then a second person's name. The person in the middle must try to hit the second person with the pool noodle before that person can say their own name and then someone else's. When the person in the middle hits someone before they say both names the person in the middle takes that person's chair and that person becomes the middle person. When the person in the middle is successful and thus gains a chair, they are the ones to start the game again by saying their own name and then someone else's.

Now, you might think, "Whoa, being in a battle sounds scary!" But here's the secret: **God is super strong**, and He's always protecting us. The Bible tells us that God is like our superhero shield, and He won't let anything bad happen to us if we trust Him (that's in Psalm 121).

When we say sorry for the naughty things we've done and ask Jesus to help us, we start winning this big battle against sin. Let's shout it out together: **"With Jesus, I can win against sin!"**

And guess what else? God has given us something super special to keep us safe. It's called the **Armor of God**. We wouldn't walk through thorns barefoot, would we? No! Well, we can't live for God without the Armor of God.

It helps protect our hearts and minds when we're tempted to do things we shouldn't. So, remember, with God's armor and Jesus as our friend, we can be super brave and win against anything bad!

Power Point

God can use you
to make a difference
in the world
around you as
He empowers
you.

MEMORY VERSE

1 Timothy 6:12, "Fight the good fight for the true faith. Hold tightly to the eternal life to which God has called you, which you have declared so well before many witnesses." NLT

Buy Play Armor

If your church has the budget for it, consider buying a couple of sets of play armor to have for this series of lessons. You can find these sets for sale on Amazon, Walmart, or Ebay for \$30 to \$40 each.

Another idea:

orientaltrading.com has lots of inexpensive armor party items for sale.

Take-Home

Summary

Bible Passage:
1 Timothy 6:12

Main Point:

Satan tries to get us to turn against God by getting us to sin. God loves us and gives us the tools (the armor of God) we need to fight against Satan and WIN AGAINST SIN.

Unit Theme:

Prepare yourself for the spiritual battles of life by putting on the whole armor of God.

Our Strategy for Kids:

- To hear the Gospel
- To receive Christ
- To be baptized in water
- To grow strong in God
- To be empowered by the Holy Spirit
- To step up and be leaders in an ungodly world

Explore the Bible

Let's talk about a Bible hero named Timothy. He was a brave follower of Jesus who fought a very special kind of battle. It wasn't with swords or shields, but with something even stronger—his faith!

In the Bible, in 1 Timothy 6:12, Timothy is told to "fight the good fight of faith." Imagine faith as a God's power that helps us do the right thing, even when it's hard. Timothy used

his faith to stand up for what he believed in and to follow God's path. Superheroes wear capes, but God gives us something called the Armor of God to protect us every day. It's not armor you can touch, but it's made of things like truth, peace, faith, and salvation. These are invisible tools that keep us strong and safe from things that are wrong or hurtful.

Family Activity

Artwork:

Have paper, markers, tape, glue and scissors available for your family to get creative making individual pictures or a mural for the whole family to work on together. Challenge them to come up with artwork that portrays a Christian using their Armor of God to win a victory over life's battles.

Alternative Idea:

Challenge your family to create the individual pieces of the Armor of God. You could plan to keep these for all of the upcoming lessons in this series.

Apply and Pray

Give each family member a piece of string or yarn that is about 8 inches long. Tell them to move somewhere in the room away from others. As God brings to their mind someone to pray for, have them tie a knot in their yarn as they pray for each until they get to the end of their yarn.

Tell them to keep the knotted yarn to remind them to pray for others.