

# Shield of Faith



## Lesson 6

### Armor of God



## Year 3—Quarter 1: The Armor of God

### Ephesians 6:10-20

## The Shield of Faith

### Keep Your Faith Strong

Hey kids, let's chat about knights and their cool armor. They look super strong with all that metal, right? But guess what? They also carry a big shield. Why? Because even the strongest armor has weak spots, and a shield can cover those up. *(Use a shield as a prop to teach the importance of faith.)* Discuss how it represents our trust in God and how it protects us from the enemy's attacks.

So, what's so special about a shield? It's not stuck in one place; it can move around to block anything that comes at you, like arrows or swords. Smart knights use their shields to stay safe.

Now, let's talk about a different kind of shield—the Shield of Faith.

Why do you think it's called that? Well, faith is like our shield. It helps cover up the parts of us that aren't perfect, where we might make mistakes or don't have all the answers.

There's a story in the Bible, in Hebrews 11, about some people who had a lot of faith. Like Abraham and Sarah, who believed God would give them a child even when it seemed impossible. And when God asked Abraham to do something really hard, Abraham still trusted God.

Our Shield of Faith is about trusting God completely, knowing He's always there for us, even when we mess up. When we really believe that, it's like picking up our shield and being ready for anything. That's how we keep our faith strong and our hearts safe.

### Power Point

When we hold on to our shield, when we hold firm to our faith in Jesus, we can go forth boldly.

### MEMORY VERSE

Ephesians 6:16, "Take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

### Object Lesson: Umbrellas and Tennis Balls

**Needed:** two umbrellas and some tennis balls.

To gain the interest of your class, consider forming two lines of kids. They will take turns being the catcher holding the umbrella. The game simply involves a child throwing a tennis ball from a line and the catcher tries to hold the umbrella upside down to catch the ball in. One point for every ball caught. The most points wins.

**Apply:** Now say, "An umbrella can shield you from the rain but it cannot make the rain stop falling." Then explain to your class that the shield of

faith blocks the enemy, but it doesn't stop the enemy.

With your shield in place you can be protected from the enemy's fiery attacks, but your shield won't stop the enemy's attacks. Put on the full armor of God and be protected every day, and you will be able to weather any storms that come.

### Game: Shield Dodge Ball

Give every child a paper plate shield. *(A paper plate with a handle made of masking tape on the back.)* Have them all line up along the wall. Gently toss crumpled balls of paper at the children. *(Not towards their heads, of course.)* The kids have to use

their shields to block the "arrows" flying toward them. Once they are hit, they are out. *(They can help throw things, if you want.)* Play until everyone is out. Once the game is over, have them all sit down on the floor for the lesson. They can hold on to the shields to remind them of the lesson.

**Variation:** Use a variety of sizes of paper plates. Give some kids dessert plates and others serving plates, for example. Consider giving a couple of kids no shields at all. This helps to demonstrate that the bigger our faith is, the harder it is to be attacked.

# Take-Home

## Summary

### Bible Passage:

Ephesians 6:16

### Main Point:

When we hold on to our shield, when we hold firm to our faith in Jesus, we can go forth boldly.

### Unit Theme:

Prepare yourself for the spiritual battles of life by putting on the whole armor of God.

### Our Strategy for Kids:

- To hear the Gospel
- To receive Christ
- To be baptized in water
- To grow strong in God
- To be empowered by the Holy Spirit
- To step up and be leaders in an ungodly world

## Explore the Bible

Read Ephesians 6:16. Find a picture of a Roman soldier shield that would cover their whole body. Explain how they used their shields to protect them from enemy arrows.

Say: Our spiritual shields of faith protect us from the arrows, spears, missiles, and fiery darts that Satan throws at us and gives us victory in the battle of life.

## Family Activity

*(Hand out a handful of play dough or modeling clay to each child.)* Have them take the play dough and mold it into something that symbolizes victory to them. Allow five minutes for this. *(Some possible symbols include: a trophy or an award, a gold medal, a checkered flag, a crown or tiara, flowers, a certificate, a good grade, the cross.)*

After they have created their symbols, have them show and explain them.

## Apply and Pray

The shield of faith is a very important part of our armor. Let's pray that God will help our faith in Him to grow.

*Dear God,*

*Please help my faith to grow strong like a big, tall tree.  
Help me to trust in You, like a bird trusts its wings to fly.  
Let my faith be my shield, to protect me every day,  
And remind me You're with me, in every single way.  
Amen.*